

PE Policy

Primary

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This policy outlines the purpose, nature, and management of the teaching and learning of Physical Education. The implementation of this policy is the responsibility of all teaching staff and will be monitored by the Subject Leaders and the Leadership Team.

1. Purpose of Physical Education according to the National Curriculum

We aim to develop pupils' physical skills, confidence, and knowledge of the importance of a healthy lifestyle, setting the foundation for them to become physically literate individuals. The high-quality curriculum provides opportunities for pupils to become physically confident in a way that supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed values such as fairness, teamwork, and respect.

The ambitious PE curriculum for the West Norfolk Academy Trust Primary Schools is focused on developing the three connected forms of knowledge:

- Motor competences
- Rules, strategies, and tactics
- Healthy participation

The well-structured curriculum helps pupils develop these forms of knowledge, aiding them to lead active, healthy lifestyles. Pupils and staff alike are challenged, engaged, and inspired by the curriculum, which is supported by a positive culture towards PE across the school. PE is a valued subject. Trained play leaders from KS2 encourage and support children during break times in a variety of physical activities. Additionally, we have extracurricular clubs run by outside agencies to ensure that every child has the opportunity to meet the recommended guideline of taking part in physical activity for an average of 60 minutes a day.

2. Aims

We aim to:

- Engage all pupils in regular physical activity through a broad and balanced PE curriculum.
- Develop pupils' competence and confidence in a range of physical activities.
- Promote positive attitudes towards a healthy lifestyle and physical fitness.
- Provide opportunities for pupils to compete in sport and other activities at a level appropriate to their ability.
- Ensure the inclusion of all pupils, regardless of their background or ability, in PE lessons, competitions, and extracurricular sports.
- Challenge the stereotypes and biases that surround equal access to sport and physical activity.
- Value the importance of all pupils being active.

3. Teaching and Learning

The PE Curriculum for West Norfolk Academy Trust Primary Schools has been planned using GetSet4PE to ensure a progressive and comprehensive approach that ensures equality of access for all. Our PE curriculum incorporates the key elements of the 2014 National Curriculum in England, covering areas such as athletics, dance, gymnastics, games, outdoor adventurous activities, and swimming. Lessons are planned and delivered to cater to the needs and abilities of all pupils, providing progression and challenge for each individual.

PE lessons are delivered by qualified and experienced teachers who follow a structured progression of skills and concepts. Differentiated learning activities are employed to ensure all pupils are appropriately challenged. Teachers provide constructive feedback to pupils to support their improvement and development in PE. CPD for teachers is provided through subject leaders and use of quality assurance procedures across the schools.

4. Assessment and Record Keeping

Assessment in PE is ongoing and formative, with teachers using a variety of methods such as observation, self-assessment, peer assessment, and feedback to track pupils' progress. Teachers assess the progress of pupils regularly according to the agreed school policy, using WNAT Assessment sheets half termly. Assessment in EYFS is against the ages and stages and at the end of EYFS against the early learning goals.

Assessment data informs future planning, identify areas for development, and celebrates pupils' achievements. Regular parent consultation meetings are held, followed by an attainment report at the end of the summer term.

5. Extra-Curricular Activities

We offer a range of extracurricular sports clubs and activities to provide additional opportunities for pupils to engage in physical activity, develop their skills, and foster a love for sport and fitness. These clubs are open to all pupils and aim to cater to a variety of interests and abilities. Through the use of PE, we ensure barriers that prevent engagement and participation are removed ensuring access for all. Pupil Voice is sought after to ensure that extracurricular activities reflect the wishes of pupils and motivate engagement.

6. Special Educational Needs, Gifted and Talented and Equal Opportunities

The teaching of Physical Education is in accordance with the present policy for Equal Opportunities. We aim to provide equal access to PE for those children with Special Educational Needs and those Gifted and Talented pupils who are very able and require extension and further competitive opportunities.

We aim to encourage all children to reach their full potential through the equal provision and access to Physical Education irrespective of race, gender, need, level, or ability.

7. Inclusion

It is the intention of the staff to make curriculum content and general life of the schools accessible to all pupils. It is recognised that for some children this may involve adapting procedures and arrangements. Whenever possible, after taking into account the safety and needs of other pupils, the whole school community should be included as fully as possible in all aspects of school life.

For further details please see the SEND Policy

8. Health and Safety

The health and safety of pupils during PE lessons and activities is paramount. Risk assessments are conducted regularly, and appropriate safety measures are put in place to ensure a safe and secure learning environment for all. Qualified first aiders are present during PE lessons and events. Teachers who teach swimming as part of the curriculum have all passed Lifesaving Training.

All class teachers are required to familiarise themselves with the Health and Safety policies of the school, (NOP and EAP- where applicable). Regular checks are undertaken by teachers, caretaker, and outside agencies and these are held in the main office. Teachers should identify hazards; identify cause and effect; examine working methods; investigate safety literature for advice and remove hazards where possible. In case of emergency, teachers should be familiar with evacuation procedures in case of fire or other emergency, know the location of, and when and how to use firefighting equipment, and know the location and identity of members of staff trained in First Aid. PE Equipment should be annually checked by appropriate agencies. Periodic safety checks of PE equipment should be carried out, and equipment should be checked before a unit of work commences.

9. Teaching Styles and Strategies

A range of teaching styles are necessary for the effective teaching of Physical Education, and the teaching needs to relate to the abilities and experience of both the teachers and pupils. Our teaching at all levels will include opportunities for:

- Pupils to work independently, in a small group or as part of a team in varied activities.
- All pupils to have equal access to PE and to experience success and enjoyment using differentiated activities and equipment.
- Pupils to develop an awareness of the implications of sport and physical activity (past and present) for the individual and local, national, and international communities.
- Pupils to develop informed opinions and be able to support them in reasonable argument.
- Pupils will participate in competitive activities within and outside school through the trust.
- Pupils to explore water safety and achieve 25 metres swimming competently.
- Any Y6 pupil who is unable to swim 25 metres competently will receive additional lessons to help them achieve this target.
- Pupils to become aware of leading a healthy active lifestyle.

10. Conclusion

This PE policy reflects our commitment to delivering outstanding PE provision at our primary school, in line with the expectations set by Ofsted. By following this policy, we aim to inspire, educate, and empower our pupils to lead healthy, active lifestyles and excel in physical activities.